

Date of appointment _____

Your Name _____ DOB _____ Age _____ Gender _____

Physician contact information:

Who is your primary care doctor? N/A _____

Who is your cardiologist? N/A _____

Who is your nephrologist? N/A _____

Where do you get dialysis? N/A _____

Any other doctors we should send info to _____

What is the best phone number to reach you? _____

May we leave a message regarding health care at this number? YES NO

What family members can we share information with (name, relationship, phone number)?

What medications are you on?	DOSE	Times/day
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Which pharmacy do you get your prescriptions filled?
Pharmacy Name _____ Phone Number _____

Do you have a drug allergy? YES NO
If YES, which drugs?

Reaction: _____

Reaction: _____

Reaction: _____

Reaction: _____

What is the main problem today?

What are your main (active or inactive) medical problems?

Please list any surgical procedures or implants you have had:

Year:

Please circle any of the following health problems you have had or have now:

High blood pressure	Emphysema or COPD	Bleeding or clotting problems
High cholesterol	Pain in the legs while walking (claudication)	Pacemaker or AICD
Abnormal heart rhythm	Gastric reflux	Varicose veins/stripping
Heart attack	Aneurysm	Cancer
Congestive heart failure	Ulcerative colitis or Crohn's	Asthma Sleep disorders
Diabetes	Angina/chest pain	Stomach ulcers
Stroke or mini stroke	HIV or AIDS	Anemia Prostate problems
Pneumonia	Hepatitis	Kidney failure or probl

Risk factors:

Do you smoke? YES NO If yes, packs/day: _____ Year quit: _____
 Have you ever tried to stop smoking? YES NO
 Do you drink? YES NO If yes, drinks per day: _____ per week: _____
 Do you use recreational drugs? YES NO Describe: _____
 Do you have COPD? YES NO Are you on oxygen? YES NO

Vaccines:

Have you had a Flu shot? YES NO
 Have you had a Pneumonia shot? YES NO

What is/was your occupation? _____ RETIRED?

Functional activities: Please indicate the highest level of activities you are able to perform.

1. Dressing without having to stop [2 METS] _____
 2. Walking at a leisure pace [3 METS] _____
 3. Taking a shower or bowling [4 METS] _____
 4. Gardening or walking up stairs [5-6 METS] _____
 5. Participating in recreational sports [7-10 METS] _____

	<u>Person</u>	<u>Problems</u>	<u>Cause (date) of death</u>
What problems run in the family?	Father	_____	_____
	Mother	_____	_____
	Sibling(s)	_____	_____
	Aunts/Uncles	_____	_____
	Other?	_____	_____

Please circle any recent or ongoing symptoms that bother you at this point:

Constitutional:	Fever	Chills	Fatigue	Weight loss/gain
Eyes:	Double vision Eye injury	Blurry vision Eye surgery	Glaucoma	Color blindness
Head and neck:	Sinusitis Mouth sores	Hearing loss Voice change	ringing in ears	Neck swelling
Cardiovascular:	Chest pain	High BP	Palpitations	Leg swelling
Respiratory:	Short of breath Spitting blood	Asthma Cold/flu	Cough Bronchitis	Wheezing Pneumonia
Gastrointestinal:	Poor appetite Constipation	Nausea Blood in stool	Vomiting	Diarrhea
Genitourinary:	Frequent UTI Erectile dysfunction	Painful urination	Incontinence	Irregular periods
Musculoskeletal:	Arthritis	Leg swelling	Night cramps	Spinal stenosis
Skin:	Rashes	Ulcers	Nail changes	
Neurologic:	Stroke, TIA Poor balance	Headaches	Dizziness	Seizures
Psychological:	Depression	Memory loss	Dementia	Anxiety
Endocrine:	Diabetes	Hyperthyroid	Hypothyroid	Excessive thirst
Hematologic:	Easy bruising	Bleeding problem	DVT or phlebitis	
Infection:	Hepatitis	Urinary tract (UTI)	Wound	
Implants:	Heart	Joints	Grafts	
Breast:	Breast lump	Nipple discharge	Other: _____	
Others:	_____			

Physician review: _____ Date _____